

**BIG GIRLS DON'T WHINE: GETTING ON  
WITH THE GREAT LIFE GOD INTENDS  
(WOMEN OF FAITH (THOMAS NELSON)) BY  
JAN SILVIOUS**



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## About the Author

Jan Silvius has years of experience as a counselor and Bible teacher. She leads seminars for Moody's women's ministry, she has been a keynote speaker at Moody's Founder's Week, and she is a pre-conference speaker for Women of Faith. Her books include *Understanding Women*, *The Five-Minute Devotional*, *Foolproofing Your Life*, *Moving Beyond the Myths*, *The Guilt Free Journal*, and *Look At It This Way*. Jan and her husband, Charles, make their home in Chattanooga, Tennessee. They have three grown sons.

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# **BIG GIRLS DON'T WHINE: GETTING ON WITH THE GREAT LIFE GOD INTENDS (WOMEN OF FAITH (THOMAS NELSON)) BY JAN SILVIOUS PDF**

No one wants to be labeled a whiner, but many of us go through life with a "poor me," victim mentality that sounds a whole lot like whining. God never intended for us to act like "little girls," says Jan Silvius. His goal is for each of us to live as "big girls"-mature Christian women-who are capable of enjoying the richness of life He has planned.

In Big Girls Don't Whine, Jan helps women:

- Move beyond the past and on to healthy relationships,
- Choose to be proactive rather than let life just "happen,"
- Discover their full potential,
- And become everything He made them to be.

So how can we tell if we're living life as an immature "little girl" or a confident "big girl?"

A little girl...

- Is insecure
- Becomes the victim of circumstances
- Says "I can't"
- Manipulates

A big girl...

- Is secure
- Rests in God's sovereignty
- Says, "I can"
- Communicates

In Big Girls Don't Whine, Jan Silvius calls us to be real women in a real world, free to experience a life of full of potential and vision. This book is the how-to manual for making it happen.

- Sales Rank: #480741 in Books
- Brand: Thomas Nelson
- Published on: 2003-12-29
- Released on: 2003-12-29
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .63" w x 5.47" l, .52 pounds

- Binding: Paperback
- 192 pages

#### Features

- Great product!

#### About the Author

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#### Most helpful customer reviews

12 of 12 people found the following review helpful.

##### Real Strength for Life

By Deborah Smith

Almost ignored this treasure because of what I thought was a frivolous name. Only a book for women who really want to grow up and help others to grow up also. This book was used in a large group of women, and it was amazing to see the hope and caring as women opened up to share with each other. This is a very meaty book, but an easy read. You will wonder why you have not heard of it before, and why this author is not internationally known. Tackling tough topics for tough times, Big Girls Don't Whine offers hope for women today.

5 of 23 people found the following review helpful.

##### Disappointed

By P. Childers

I found this book to be insulting to women as a whole. It talked down to the reader and assumed that because you were reading it you were automatically a spoiled, whimpering brat. This book will not disgrace my library shelves.

8 of 8 people found the following review helpful.

##### Learning How to be a Grown Up Christian woman.

By Sherry Marsh

This book can be read alone, but is best when done as a study in a group setting. It has been very helpful in seeing areas in which we all need to "Grow Up" and act and react as mature, loving Christian women. This book is good for any woman who wants to make her relationships with all those around her more respectful, loving and peaceful.

See all 14 customer reviews...

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