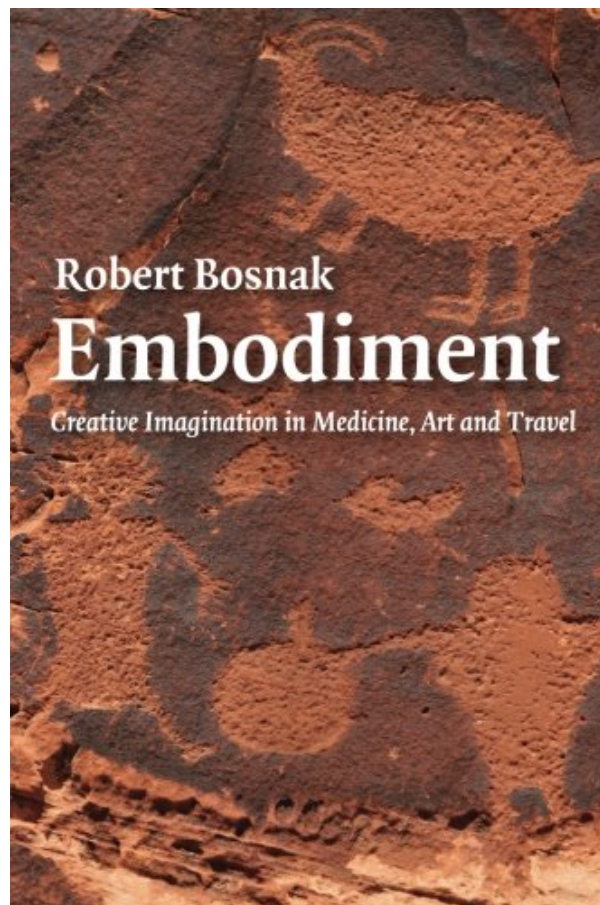
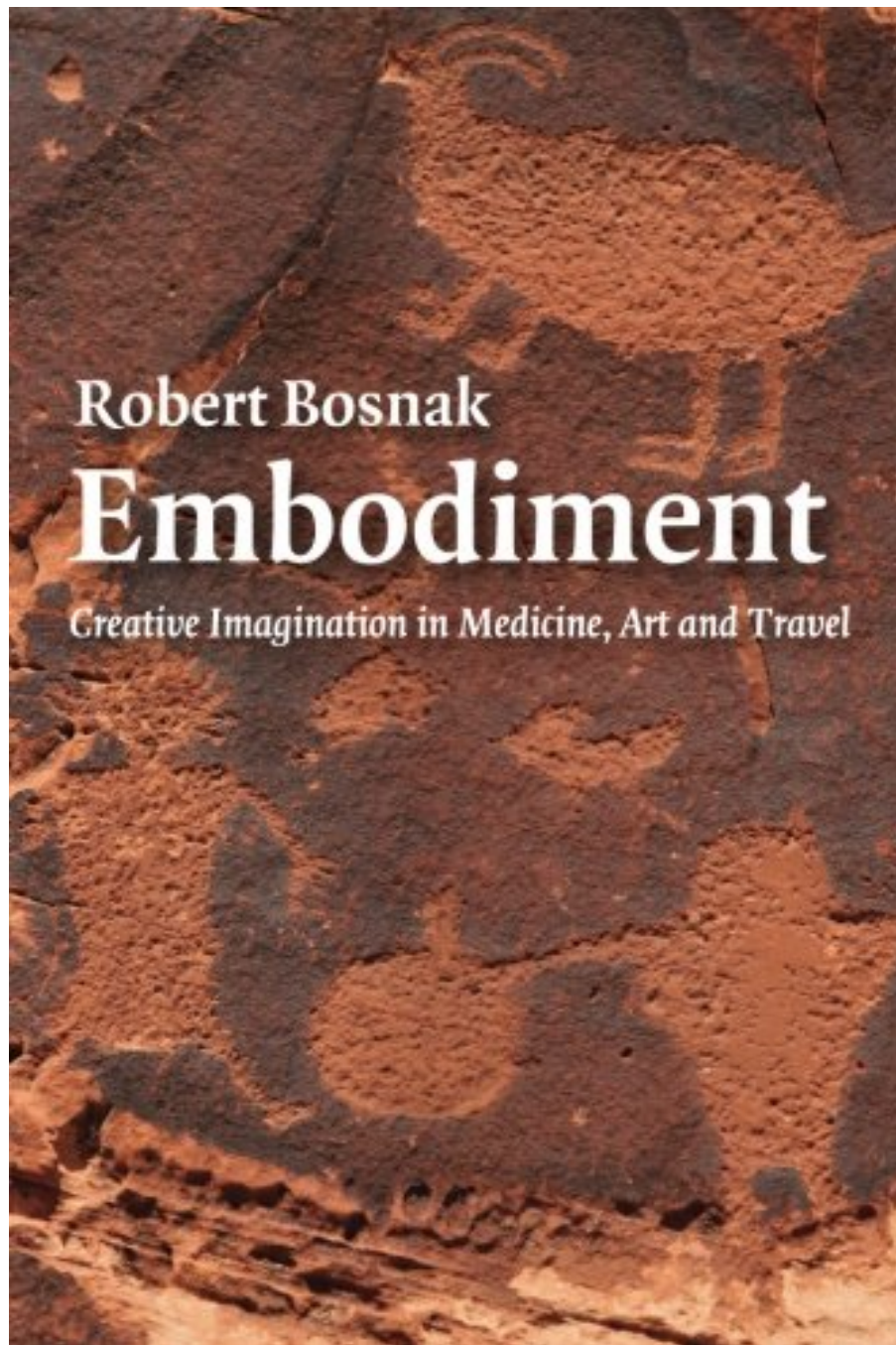


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- the nature of subjectivity
- the body as a theatre of sense memories
- the limitation of reason
- the process of dissociation
- the treatment of trauma

This book discusses a variety of techniques which may be applied by health professionals to their patients and clients. It will also be of particular interest to Jungian and relational psychoanalysts, psychotherapists and clinical psychologists, as well as to artists, actors, directors, writers and other individuals who wish to explore the creative imagination.

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Caveat emptor

By Oneirophile

I respect Robert Bosnak's work with dreams and found Embodiment to be worthwhile, but felt resentment at having paid \$90 for 142 pages of text--with no color plates or handmade endpapers that might justify the high cost. Before posting a comment, I emailed the publisher and learned that the \$90 version is aimed at libraries. The editorial assistant said that there is a paperback version for \$28.95, but I don't see it on Amazon.

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By Tom

A review stated this was not an introductory text. I think that's redundant and misleading. If one is a student of psychology, psychotherapy, drama theory, sociology, archeology, or a well read citizen of antiquity and it's legacy, this is a compelling read. This is a well written book and it conveys something crucial about humans that has been largely ignored: learning by mimesis/mimicry; as well as the 'phenomenological encounter' or immersion in an-other...an experience where subject and object are blurred in a sort of possession/trance. We learn how this primal method is actually present in many forms of art, therapy, and life. Further, we read how this capacity leads to a more sophisticated method of operating in the creative/therapeutic arts. Far from being esoteric, this experience is presented with clear explanation and examples from the author's work.

If you've come to this text for some reason, I wouldn't pass it up. Hopefully you can find it for a reasonable price...It's a true bummer it seems to be out of print.

13 of 15 people found the following review helpful.

Who do you feel in your own body?

By Jan Lelie

Robert Bosnak combines his experiences from all over the world. His approach of dreams, active imagination and embodiment is interesting. He also weaves in the relevant literature - Jung, James LeDoux, Damasio. For me, the book was clear, but I and the others of my reading group had problems finding what it is about. His main issues are 'hidden' in the anecdotes and extensive anecdotes. It may be of interest when you're need some new angles on experiencing dreams and imagination. Not a beginners manual.

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