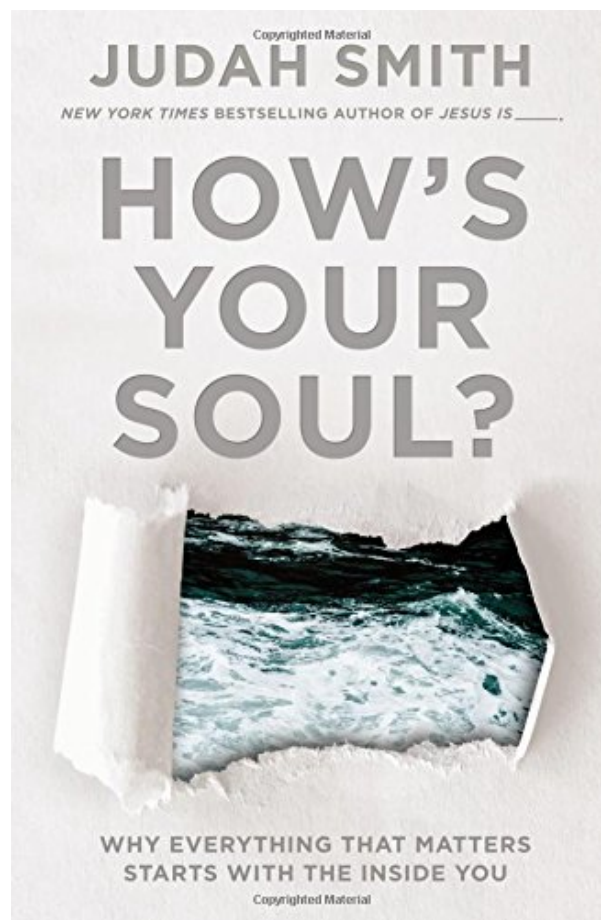
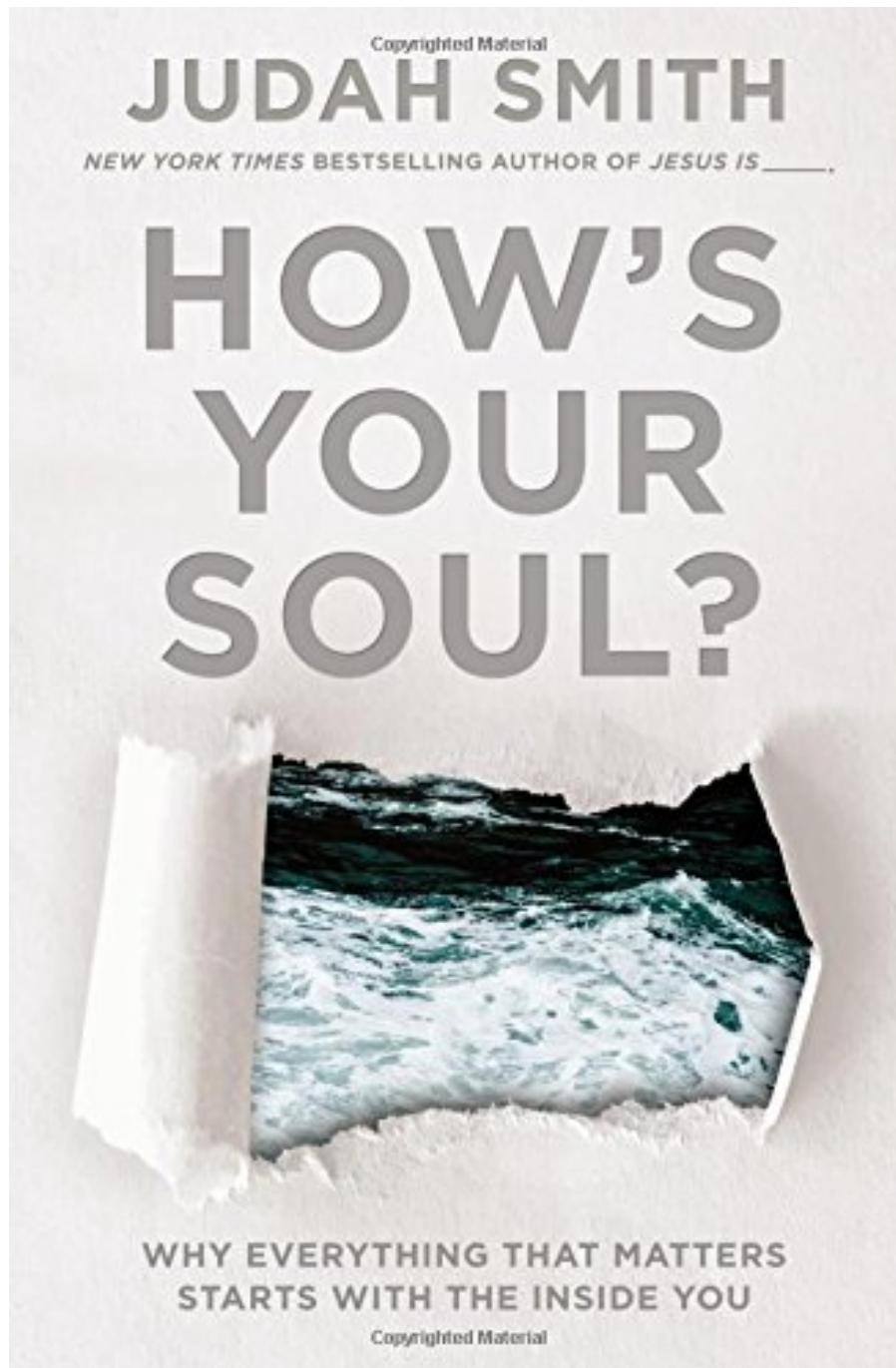


HOW'S YOUR SOUL?: WHY EVERYTHING THAT MATTERS STARTS WITH THE INSIDE YOU BY JUDAH SMITH



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About the Author

Judah Smith is the lead pastor of the City Church in Seattle, Washington. The City Church is a thriving multisite church noted for its cultural relevance, commitment to biblical integrity and faith, and love for Jesus. Judah is known around the United States and the world for his preaching ministry. His fresh, practical, humorous messages demystify the Bible and make Christianity real. Judah is also the author of the New York Times bestselling book *Jesus Is _____*.

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HOW'S YOUR SOUL?: WHY EVERYTHING THAT MATTERS STARTS WITH THE INSIDE YOU BY JUDAH SMITH PDF

Judah Smith, New York Times bestselling author of *Jesus Is _____*, explores what it looks like to cultivate a healthy soul in the midst of a busy life and points readers to the soul's only true home and place of rest and fulfillment: God.

“How's your soul?”

It may seem like an odd question, but it's what pastor and bestselling author Judah Smith chooses to ask his friends, rather than “How are you?” It's a way to look past the externals and consider what's going on inside, in that essential part of us that is often overlooked in the struggle to make our way through everyday life.

In the rush of living moment to moment, many of us find ourselves simply surviving, struggling daily with frustration, restlessness, boredom, and ever-fleeting joy. But if we would pause, we'd find that the things that matter most in life, what we are searching for in our busyness—stability, peace, hope, love—are rooted in the health of what Judah calls the “inside you.”

In *How's Your Soul?*, Judah explores that “inside you.” Sharing his own, often humorous, mistakes and foibles, he helps us find our way through the emotional roller coasters of life to discover the soul-healing essentials of rest, responsibility, restraint, and relationships, all rooted in what he calls the soul's only true home—God himself.

How's Your Soul? is an invitation to find lasting emotional satisfaction and stability by bringing our feelings into alignment with God's truth, moving beyond simply surviving, and learning how to live each day with eternal significance.

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- Binding: Hardcover
- 224 pages

About the Author

Judah Smith is the lead pastor of the City Church in Seattle, Washington. The City Church is a thriving multisite church noted for its cultural relevance, commitment to biblical integrity and faith, and love for Jesus. Judah is known around the United States and the world for his preaching ministry. His fresh, practical, humorous messages demystify the Bible and make Christianity real. Judah is also the author of the New

York Times bestselling book Jesus Is _____.

Most helpful customer reviews

9 of 9 people found the following review helpful.

This book made me fall in love with Jesus all over again...

By standingupforJC

You may have asked yourself: "Where do I go when life overwhelms me? Where do I go when all I want is an escape?" You're not alone. Here, you will discover how to have a quiet soul despite all the noise and distractions around you. Do yourself a favor by getting a copy of this book. Feel free to share it with many others, too.

I didn't expect that a book (with a cover like this one) about the condition of our souls would make me chuckle for countless times. This book may contain God-glorifying wisdom but smack dab in the same book is funny stuff that you can't resist. Ps. Judah Smith is just hilarious!

Speaking of comical stuff, the part of the story that involves Pastor Jude is my favorite! Nyahaha... Future readers, watch out! I highly recommend you don't read it in a library. You'll surely be sent out.

I love the author's transparency. He's just so honest and generous to share even his mishaps, which most normal people won't have the audacity to bring into the open.

I'm so delighted to have known some personal facts about Ps. Judah Smith. Know of an author who doesn't read much? Ps. Judah Smith, it is! And this makes me wonder why he writes oh so well. God works in mysterious ways really.

The author has his admirable way of making things comprehensible.

This book doesn't only have the power to touch hearts but is also founded on the Word of God, so you can never go wrong by picking up this one.

This amazing book also reveals a few misconceptions we have but sometimes are not aware of; it corrects them by pointing us to Jesus Himself.

This book also made me fall in love with Jesus all over again, which makes it perfect for those who have lost their "first love." This will help you get it back. You're welcome!

This book reminded me of the wonderful things God has done for me.

I have lost count of how many highlights I have made on the book. I would love to share everything if that were possible, but let me quote a few:

"Our souls are home when they return to God."

"Your feelings come and go, but God remains the same, and you will praise him again. It's only a matter of time."

"There was a time not too long before when you thought you'd never make it, that the storms and waves were going to win. But you held on, and God got you through."

"I want more of Jesus so that I can love the way he loves."

"Quietness and rest are found not in control but in surrender."

"A quiet soul is far more valuable than fame and fortune. A level soul, a balanced soul, a genuine soul— that is a gift from God."

"Whatever you do, don't give up. You have a sure and steadfast anchor of the soul, and he will see you safely to the other side."

9 of 9 people found the following review helpful.

I've read hundreds of "Christian Books" but there are only ...

By Sheadon Ringor

I've read hundreds of "Christian Books" but there are only a handful that really stick out and that have remained with me throughout the years. "How's Your Soul?" will forever be one of those books. Judah writes with such enthusiasm and truth that stirs the soul to come alive. His style of writing feels as if you are enjoying a cup of coffee with your most influential mentor speaking directly into your life. You will hear yourself continually say, "That is exactly what I needed to hear." Judah will challenge you. The power & art of his writing will shift your mindset and shape your days. Thank you Judah for pouring your heart out!

7 of 7 people found the following review helpful.

Nourishing and Encouraging for Every Soul

By Amazon Customer

I have listened to Judah for a while now and when I had the chance to read his work I was psyched! This book did not disappoint. Looking at the title I was slightly worried that the book would contain information I was familiar with but I was willing to try. It was not boring at any point. I love that Judah writes very much the same way he preaches. He is funny, engaging and powerful. If I tried to share quotes from this book that spoke to me I would be here all day, but here is one of my most favorites because it spoke so much to the season of life I am in.

"Yield your ambitions and dreams and desires to God. That is a safe place and a sane place. Let Him be God. It's His job and He's really god at it." (p.114)

This book will stretch you, encourage you and renew your soul in so many ways. I did not realize how nourishing it was until I was reading it and I was brought to tears more than once. Whatever season of life or stage of growth, this book is for you.

See all 15 customer reviews...

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Based on some experiences of lots of people, it is in truth that reading this **How's Your Soul?: Why Everything That Matters Starts With The Inside You By Judah Smith** could help them to make better selection and provide even more encounter. If you wish to be among them, let's purchase this publication **How's Your Soul?: Why Everything That Matters Starts With The Inside You By Judah Smith** by downloading and install the book on web link download in this website. You can get the soft data of this book **How's Your Soul?: Why Everything That Matters Starts With The Inside You By Judah Smith** to download and install as well as deposit in your readily available electronic tools. What are you waiting for? Allow get this book **How's Your Soul?: Why Everything That Matters Starts With The Inside You By Judah Smith** online and read them in at any time as well as any type of location you will read. It will certainly not encumber you to bring heavy book **How's Your Soul?: Why Everything That Matters Starts With The Inside You By Judah Smith** inside of your bag.

About the Author

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